

Hope



Alzheimer's
Center

Illuminations

Winter 2007

Upcoming Events

Jan. 30, 2007,
"Retreat to the
Garden" to relax
and create a mini-
garden of your
own. (See story,
page 1)

Feb. 14, 2007
1:00 - 2:30 pm
Education &
Support program:
"Communication
That Supports
Optimal function
For Your Loved
One," conducted
by Annie Cerullo,
RN, MS, CS

March 14, 2007
1:00 - 2:30 pm
Education &
Support program:
"Suggestions For
Meaningful
Activity At
Home," con-
ducted by Annie
Cerullo, RN, MS,
CS

Brick by Brick We're "Building Hope"

When Spring comes and our participants can once again enjoy being outside, they'll find our beautiful gardens have been enriched by bricks, pavers, benches and other markers lovingly inscribed with warm personal messages.

These bricks and other garden enhancements are the result of our "Building Hope" campaign. Through the campaign people can create a lasting tribute to someone they love while helping to build the programs and facilities at Hope.

Donors can choose to endow a 4"x8" brick for \$100, a 8"x8" paver for \$250, a planter for \$500, bench for \$1,000, wraparound bench for \$2,500, entry marker for \$5,000 or Welcome Garden for \$10,000.

Continued on page 6

Caregivers Invited to "Retreat to the Garden"

On January 30, people caring for Hope participants will have a chance to step in from the cold and spend an hour or two creating a personal mini-garden that reflects their caregiving experiences. These pieces will be displayed at the Rhode Island Spring Flower and Garden Show in February.

This program, conducted without cost at Hope by Gardening for Good, an organization dedicated to enhancing the quality of life for older adults and their caregivers,

Continued on page 5



William J. Kirkpatrick, past president of the Hope Board of Directors and the first recipient of our Michael F. Rossi Memorial Distinguished Service Award, speaks at the Gala.

Gala Celebrates Caring, Honors Distinguished Service

This year's Gala was a bright and beautiful evening as nearly 150 people gathered to see old friends, buy beautiful participant artwork, bid in our live and silent auctions and pay tribute to a man whose hard work and caring has been critical to Hope's success.

Among those celebrating 11 years of service to people with Alzheimer's and their families were Lieutenant Governor and Hope board member Charles Fogarty, Senator Elizabeth Roberts (now Lieutenant Governor), Cranston Councilmen Alan Fung and Jeffrey Barone, Al Storti, Director of the Cranston Department of Community Development, as well as participants, families and friends of Hope. The event raised more than \$37,000 to help us enhance our programs and services.

Remembering One Friend

The highlight of the evening was the presentation of an award created to honor the memory one of Hope's best friends, the late Michael Rossi. Mike, a member of the Hope board, was a talented leader and a tireless supporter of Hope who personally organized three Phred's Drug Charity Classic golf tournaments to benefit the center.

Continued on page 2

Brighter Hours • Fuller Days • Richer Lives

Thanks To Our Gala Sponsors!

Gold

Weybosset Research
& Management LLC

Silver

Cardi Corporation
Coastway Credit Union
Ms. Marilyn Horan
Mr. Walter Lada
The Mayforth Group
Palumbo/Driscoll Associates
Rosen Hotels & The Santos Family

Bronze

AAA Southern New England
Mr. & Mrs. Stephen Kogut
Jean & Kevin Lehman
Merit Mechanical
Norwalk Communications
Mr. & Mrs. Richard Ranone
Ward, Fisher & Co.

Patrons

Adler Pollock & Sheehan
Mr. & Mrs. Christopher Arp
Trevor, Kelly & Tristan Arp
Councilman & Mrs. Jeffrey Barone
Butler & Messier
Claflin Contract Furnishings
Mr. Edward Cornell
Cornerstone Financial Group
Marianna LaTour
Dr. Robert A. L'Europa
Janet & Kenneth Levesque
Peter & Nancy Martin
Kevin & Janet McCann
Mr. & Mrs. Robert J. McGreen
Mullen, Scorpio & Cerilli
Althea Poehler
Mr. and Mrs. John Rodolewicz
St. Elizabeth Home
St. Peter & Kasle
TMS Inc.
Mr. & Mrs. Jim Tomasso
Lynne & John Webster

Sponsors

Mr. Robert Arp
John N. Calvino
Mr. Alan S. Casale
Mr. & Mrs. Marcial Castro
Creative Resources, Inc.
Candace Dyer, MD
Eagle Plating
Ira S. & Anna Galkin Charitable Trust
Councilman Aram Garabedian
William J. Kirkpatrick
Kelly Lee
Nu Lux Cleaners
Anthony & Stacy Landi
Ms. Shirley McGrath
Mineral Spring Avenue Getty
Mr. Joseph Nagle
Restivo Monacelli, LLP
Deborah St. Peter
Mr. Deeb Tonnous
Sylvia Weber

Hope Alzheimer's Center

Cynthia Conant-Arp
Executive Director

Board of Directors

Stephen Kogut, RPh, MBA, PhD
President

Jean Lehman, CPA
Vice President

Sylvia Weber, APRN, BC
Secretary

Robert J. Civetti, CPA
Treasurer

Pratarnporn Feinstein, MD
Honorary Director

Lieutenant Governor Charles Fogarty

Christopher Albert

Marilyn Horan, MEd, RNC

U.S. Representative James Langevin

Marianna LaTour

Jean Maddalena

Anthony P. Marandola

Richard McAuliffe, Jr.

Richard Ranone

John Rossi

Deborah St. Peter

John Stoukides, MD

Susan Tasca

Rev. James Willsey

Continued from page 1

Gala Celebrates Caring, Honors Distinguished Service

Honoring Another

This year the first Michael F. Rossi Memorial Distinguished Service Award was presented to William J. Kirkpatrick, immediate Past President of the Hope Board of Directors and former chair of our Strategic Planning Committee.

"Thanks largely to Bill's guidance in augmenting promotional and development efforts, the Center has enjoyed increased support from the community and has gained widespread recognition for the excellence of care provided," says current board president Stephen Kogut.

"His leadership and commitment have left us well positioned to continue to fulfill our mission."

Thanks to All

Thanks to everyone who made the gala glow, particularly Event Chair Jean Lehman and Honorary Chair Marianna La Tour. Thanks as well to Auctioneer Deborah St. Peter; to the Cranston Dept. of Senior Services for catering, transportation and the note cards; to Sponsorship

Committee Chair Tony Marandola and members Rich Ranone, Rick McAuliffe and John Rossi; to Raffle Co-Chairs Barbara Langowski and Sandra McBride; to Mary and Walter Lada, Jr. for the lovely favors; to Colin Nagle for the musical entertainment; to Annie Cerullo for facilitating the pottery group and Maurice Turcotte for leading the watercolor group; to Dunkin Donuts for the coffee; Phred's Drug for the champagne and soda; Greenvale and Newport Vineyards for the wine and to all our Hope artists.

Thanks also to volunteers Bob Arp, Rob Arp, Christie Bagdanovich, Michael Bagdanovich, Len Borges, Bette Cambio, Lucy Cardella, Dr. Nancy J. Coletta, Pam Coletta, Mary Cronan, Lydia DiBella, Kathi Dunphy, Dylan Elderkin, Beth Gallagher, John Heathcote, Barbara Langowski, Marcia LoPresti, Ken LoPresti, Jane Luker, Sandra McBride, Nancie Paola, Ray Paola, Marilyn Rodriguez, Marcia Rondeau, Jessica Santos, Dot Whitney, and the Hope staff.

Presentation, Programs Offer Information and Support

A recent free presentation at Hope offered an in-depth look at what science knows about Alzheimer's disease, how it is currently being treated and what new treatments are likely to emerge.

The presentation, conducted by John Stoukides, MD, ScD, RPh, Director of Geriatrics at Roger Williams Medical Center and Medical Director of the RI Mood and Memory Research Institute, and Andrew Rosenzweig, MD, reviewed the current state of knowledge about how Alzheimer's affects the brain, looked at the impact of the disease on patients, families and society and brought the audience of more than 50 people up to date on the status or promising new strategies.

The Research "Pipeline"

One of the most interesting aspects of the program was a discussion of treatments currently in the pharmaceutical research "pipeline" including cholinergic and other neurotransmitter-modulating therapies and a range of disease modifying therapies that includes nerve growth factors, antagonodotropin therapy and vaccine.

Support From the Family Network

This Fall, Hope has also been offering a complimentary series of education and support programs to help families learn about strategies to manage Alzheimer's in ways that improve the quality of life for both patients and caregivers.

Conducted by Annie Cerullo, RN, MS, CS, Senior Clinical Research Coordinator at the RI Mood and Memory Research Institute, the Fall programs focused on helpful behavioral interventions, ways of coping with caregiver stresses and communicating effectively with healthcare professionals.

Upcoming Programs

The series continues this Winter with two upcoming programs:

- "Communication That Supports Optimal Function for Your Loved One", February 14 from 1:00 - 2:30 PM, conducted by Annie Cerullo.
- "Suggestions for Meaningful Activity at Home" also conducted by Ms. Cerullo.

These programs are offered free, and care for people with Alzheimer's is available to anyone who pre-registers by calling either Dottie or Ellen at 946-9220.

Happy Holidays

Hope participants decorated, cooked and baked as they enjoyed the holiday season.



Helen Provost smiles as she straightens a bow on our Christmas tree.



Cosmo Montaquila works on preparing cookies for our holiday party while Jean Heiss checks his progress.



Veronica Cornell enjoys whipping up a second batch of goodies for the event.

New Members Join Hope Board of Directors

Hope's Board of Directors is made up of men and women dedicated to helping us fulfill our mission of care and support. This hard working group has recently been joined by two exceptionally talented new members.

Richard A. Ranone



A life-long Rhode Islander, Mr. Ranone is a financial advisor and First Vice President of Wachovia Securities in Providence. He received his Bachelor of Science degree from Bryant College, graduating Magna Cum Laude in 1986, and has worked in the financial services industry since 1987.

Mr. Ranone describes his father, Bob, who is a participant at Hope, as his best friend and mentor -- and "the greatest salesman who ever lived."

"My dad is a wonderful motivational speaker who would make Dale Carnegie proud," he says. "My family and I are very happy with the quality of care and the abundance of love my father receives from the Center."

Mr. Ranone lives in Cranston with his wife Kim and their one year old son, Jake. They are expecting another child in February.

John A. Stoukides, MD, ScD, RPh



A native Rhode Islander as well, Dr. Stoukides studied at the University of Rhode Island College of Pharmacy, receiving his Bachelor of Science in Pharmacy in 1989. He received his medical education at Tufts University School of Medicine and did his post-graduate training at Roger Williams Medical Center.

Board Certified in Internal Medicine, he serves as Clinical Assistant Professor of Medicine at both Boston University and Brown University Schools of Medicine.

He is the director of Roger Williams Medical Center's geriatric services, medical director of Roger Williams Senior Health Care Associates, Senior Medical Director of the Rhode Island Mood and Memory Research Institute and a member of the Core Faculty of the Rhode Island Geriatric Education Center at URI. In addition, he serves as Medical Director of three rehabilitation centers and as Medical Expert, Office of Hearings and Appeals, of the Social Security Administration.

Dr. Stoukides holds an honorary Doctor of Science in Geriatrics from URI and has been named Rhode Island's Best Doctor specializing in Geriatrics in Rhode Island Monthly's Biannual Survey six times in the past ten years.

Fuller Days

Hope's therapeutic programs are more than simply fun. They engage participants, stimulate their creativity, and provide an opportunity to use their skills. In short, they make days fuller and give participants a real sense of accomplishment.



Maurice Turcotte, Hope's Art Facilitator, works with participant Evelina Laprocina as other participants concentrate on their work. Not only does creating paintings give participants real pleasure, their work is often strikingly beautiful. Their paintings are the highlight of our annual Art Show and have also been proudly exhibited in the community at the Cranston Public Library Gallery, the Warwick Museum and a variety of other sites.



Jan Sylvestri leads a class in armchair yoga. Our newest program, the yoga classes have been a huge hit with participants. The classes offer a chance to stretch both mind and body, gain upper body strength and learn relaxation techniques -- all while having a very good time.

Continued from page 1

“Retreat to the Garden”

will also offer:

- An opportunity to take a break and relax.
- A chance to learn about ways to reduce stress, increase coping skills and simply feel better through gardening.
- Information on practical activities and techniques caregivers can use to help themselves and the people they care for.

The program, which is offered at no cost to all Hope families, is funded by a grant from the RI Alzheimer’s Association. Participants will be cared for by the Hope staff while you enjoy the program.

To learn more, or to register for the program, please call 401-946-9220.

“Please accept the enclosed donation in memory of our father, Mr. Leonard J. Moreau, who was a participant in your program. We know first hand how amazing the Hope Center and its staff are and the outstanding work the Center does for the community of patients and caregivers dealing with Alzheimer’s.”

The Hope Center provided valuable support to my father as well as our family during his battle with Alzheimer’s. Your staff allowed a very proud man to live the end of his life with independence and dignity. We hope that this contribution will allow others to benefit from your good work.”

*Regards,
Michael & Elizabeth Huber, Warren, RI*

Thank You...

...to the kind people who made donations in memory of our participants between June and December 2006.

If you’d like to make a donation in memory of one of our participants

please make your check payable to Hope Alzheimer’s Center and mail to Hope Alzheimer’s Center Development Department, 25 Brayton Avenue, Cranston, RI 02920.

In Memory of George Apostolou

Paula Heiss

In Memory of Mary Lada

Samuel Weinberg

In Memory of Leonard J. Moreau

Michael & Elizabeth Huber

In Memory of Mimi Pallante

Marie Marchetti

In Memory of Michael Rossi

Marie Rossi

In Memory of

Evelyn & Frank Santos

Frank A. Santos

In Memory of Madonna Sarafian

Mr. & Mrs. Frank Altomare

Judith Bennett

Mr. & Mrs. Paul Bennett

Joseph Chiasson

Mr. & Mrs. Robert Gregory

Mr. & Mrs. Michael Ruggieri

Janice Sarafian

In Memory of Mildred Taylor

Craig Fredrick

Lawrence Waterman

Christal Young

United Way Donations

Richard Beretta

Joanne & Bill Comeau

The Feibelman Family

Kristen Rodgers

General Donations

Kathy Campbell

Douglas Gordon

Please clip and send to Hope Alzheimer’s Center
25 Brayton Avenue, Cranston, RI 02920

Help Us Make Days Brighter

Please join us in making days brighter for people with Alzheimer’s and related conditions by joining Friends of Hope and/or making a gift to help our work.

YES I’d like to join Friends of Hope Alzheimer’s Center
(no donation required)

Enclosed is my gift in the amount of \$ _____

Please charge my Visa Master Card

Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____

Card # _____ Expiration Date _____

Signature _____

(Optional) I would like to make my gift in:

Memory of / Honor of (Name) _____

Please send a card acknowledging my gift to:

Name _____

Street Address _____

City _____ State _____ Zip _____

THANK YOU!

Continued from page 1

Brick by Brick We're "Building Hope"

It's the perfect way to honor or remember a loved one while making our lovely gardens even more welcoming. To learn more, or to join the kind people who have already contributed to this important effort, please call 401-946-9220.



Hope's peaceful and inviting gardens are becoming an even better place to relax thanks to the benches and walkways provided by donors to our Building Hope campaign.

Building Hope Campaign Donors

Ernie Allen
Bob & Cindy Arp
Ms. Kathy Campbell
Ms. Lucy Cardella
Ms. Dorothy Clarke
The Cohoon Family
James Davey
Dominic DeLuca
Mr. & Mrs. Dennis DiBenedetto
Ms. Anita Ferns
Senator Hanna Gallo
Doris Kenney
Betty & Peter Kougasian
Deborah Lada
Mr. & Mrs. Douglas Lada
Stephen Lada
Walter Lada
Mr. & Mrs. Lester Lamb
Marianna LaTour
Colin & Mary Leath
Ms. Kathy Loiselle
Elena McCann
Mike & Sheila McCarty
Marie Marchetti
Ms. Joan McGarty

Mary McLellan
Met Life, Ms. Donna Ellis
Mrs. Loretta Mignanelli
Mrs. Rose Corsini Monti
Robert Murray
Ms. Margaret Ogden
Joanne Orabone & Diane Castro
Dr. & Mrs. Joseph Pezza
Mr. Paul Pinelli
Bob & Sue Ranone
Ruth Roseman Rochefort
Mr. & Mrs. Michael Rossi
Mr. & Mrs. Frank Simonelli
Deborah Slotpole
Grace & Joseph Sowa
Rejanne Thibodeau
Margaret Thielsch
Roberta Tomao
Sylvia Weber